

# Classification of Concussion

## Colorado Classification

Grade 1	Confusion without amnesia No loss of consciousness
Grade 2	Confusion with amnesia No loss of consciousness
Grade 3	Loss of consciousness (LOC)

## Cantu's Classification

Grade 1	No LOC, PTA < 30min
Grade 2	LOC < 5min or PTA > 30min
Grade 3	LOC > 5min or PTA > 24 hrs

## Recommended Timetable for Return to Play And Practice After Successive Concussions

Concussion Severity	First Concussion	Second Concussion	Third Concussion
Bell ringer	Return to game if asymptomatic ..after 10-30 min	Return in 1 wk if asymptomatic	Return in 1 wk if asymptomatic
Grade 1	Return in 1 wk if asymptomatic	Return in 2 wk if asymptomatic after 1 wk	Terminate season (no play for 3-6 mo)
Grade 2	Return in 1 wk if asymptomatic	Return in 1 mo if asymptomatic for final 1 wk	Terminate season (no play for 3-6 mo)
Grade 3	Return in 1 mo if asymptomatic for final 1 wk	Terminate season (no play for 3-6 mo)	

The second impact syndrome can be described as a second head injury that is superimposed on an unresolved preexisting concussion. This second impact syndrome can cause cerebral edema and possible death.

# Vital Link Chiropractic

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